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# NEW DISEASE SPECIFIC THERAPIES AND RESEARCH IN TAKAYASU'S ARTERITIS

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## CLINICAL TRIALS IN TAKAYASU'S

## Challenges:

- Rare disease
- Difficult to assess disease activity
- Differences in definition worldwide

#### However,

- Multi-center collaboration (VCRC, others)
- Exciting time with many ongoing trials

# DIAGNOSIS AND DISEASE ACTIVITY IN TAKAYASU'S ARTERITIS

## DEVELOPMENT OF NEW CRITERIA

American College of Rheumatology/European League Against Rheumatism (ACR/EULAR) Diagnostic and Classification Criteria for Primary Systemic Vasculitis (DCVAS)

Aim #1: Update Classification Criteria

- Research purposes
- Last Classification Criteria done in 1990's

Aim #2: Develop Diagnostic Criteria

- Assist with diagnosis of disease in clinical setting
- First ever!

Estimated to enroll 260 Takayasu's patients (and controls)

Estimated completion in December 2018

## CONTRAST ENHANCED CAROTID ULTRASOUND

#### Ultrasound

- Noninvasive, less expensive
- Requires experience

Aim #1: Determine if contrast enhanced carotid ultrasound is an indicator of disease activity

Aim #2: Determine if there is arterial thickening compared to age/sex matched controls

Estimated enrollment: 15 Takayasu's subjects, 5 controls

Enrollment completed but results pending

Cleveland Clinic

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# POSITRON EMISSION TOMOGRAPHY (PET)/CT FOR ASSESSING DISEASE ACTIVITY

Problem: Current modalities for assessing for active disease are limited 2 studies:

#1: Purpose: Compare PET/CT to clinical scoring in combination with laboratory values (completed)

Done through Instituto Nacional de Cardiologia, Mexico

#2: Purpose: Compare PET/CT to MR angiography (recruiting)

- Done through Vasculitis Clinical Research Consortium
- Active disease within 2 weeks of enrollment
- Not pregnant or lactating

## TREATMENT STUDIES

- I. DMARDS/CYTOTOXIC AGENTS
- II. BIOLOGICS

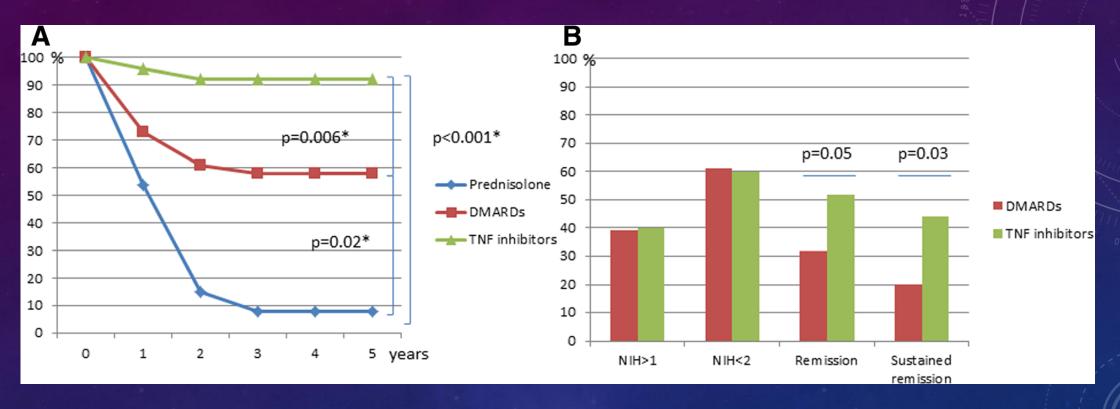
## TREATMENT: PRE-BIOLOGIC ERA

Frequent relapses with Glucocorticoids alone

Cytotoxic agents (aka DMARDS)

- Cyclophosphamide, Methotrexate, azathioprine, mycophenolate (+ GCS)
- NIH cohort: 1/3 able to sustain remission
- CCF cohort: 63% relapses during therapy

## TNF INHIBITORS COMPARED TO DMARDS



## Specific TNF inhibitors

- Infliximab
- Adalimumab
- Etanercept

A: Percentage of patients without new vasculitis lesions over time (years since diagnosis)

B: Percentage of patients at certain disease activity levels

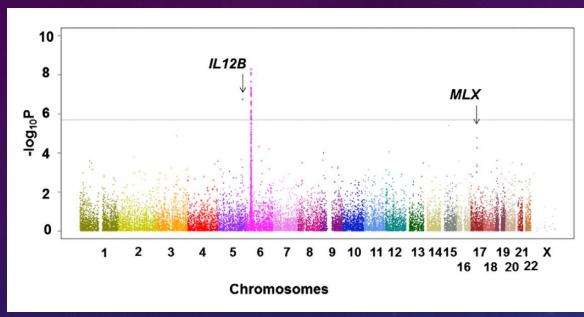
## TUMOR NECROSIS FACTOR INHIBITOR (INFLIXIMAB)

Seoul National University Hospital, Republic of Korea Phase 2 study

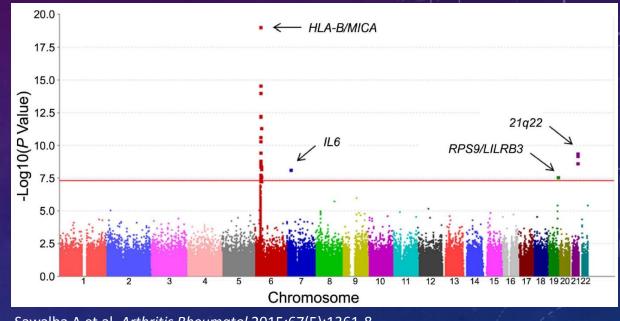
- Single arm (i.e. all will get Infliximab 5mg/kg)
- Planned enrollment of 11 subjects
- Primary outcome: Remission induction at 30 weeks

Recruiting with planned completion by August 2017

## 6/30/GENETIC RESEARCH SUPPORTING TREATMENT OPTIONS GitisFoundation.org



Terao C et al. Am J Hum Genet. 2013;93:289-97.



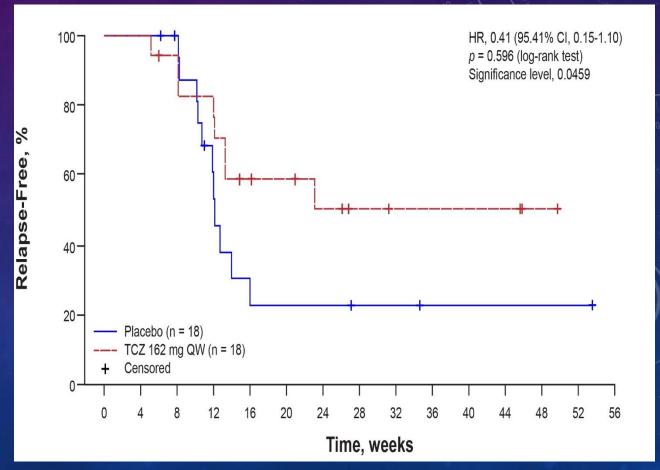
Sawalha A et al. Arthritis Rheumatol 2015;67(5):1361-8.

### We can target some of these:

- Ustekinumab → targets IL-12
- Tocilizumab → targets IL-6

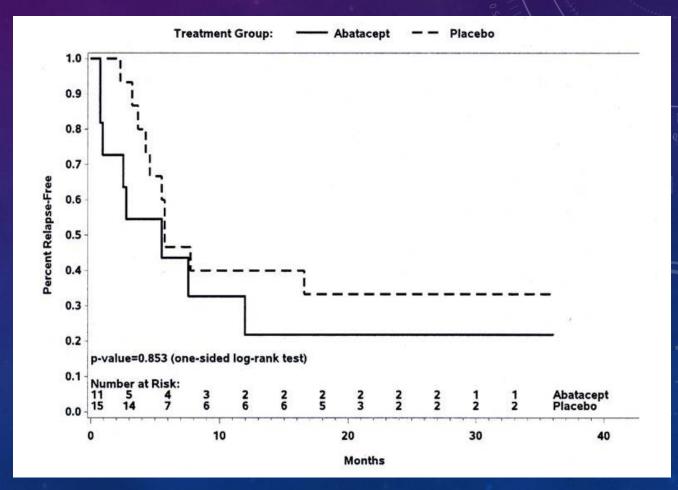
# RANDOMIZED, DOUBLE-BLIND PHASE 3 STUDY OF TOCILIZUMAB IN TAKAYASU'S

- Encouraging results from small case series
- Blocks interleukin-6 (inflammatory cytokine)
- Refractory patients
- Randomized
  - 18 in tocilizumab group (+ steroids)
  - 18 patients with steroids alone



## RANDOMIZED, DOUBLE BLIND STUDY OF ABATACEPT FOR TAKAYASU'S

- Newly diagnosed or relapsing
- 34 patients started abatacept + steroids
- 26 randomized at 12 weeks
  - 11 in abatacept group
  - 15 in placebo group



USTEKINUMAB PILOT STUDY

3 refractory TAK patients
Improvements

- ESR
- CRP
- VAS

No demonstration of improvement

By imaging

